

# CERTIFICATE OF PARTICIPATION

This is to certify that

**richard arnold**

Has successfully participated & completed the  
**40km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 05:17:16**

**PACE 07:54/km**  
**OVERALL 9 of 59**

**GENDER 9 of 39**  
**< 60 1 of 6**

11 September 2021, Sat  
Date



BoutTime  
Signature

